

To all residents of Bishopthorpe ward

Dear Resident

As you will be aware cases in the city are rising and we need your help.

In recent days we have seen a spike in the number of cases in your area and are offering you the chance to get a symptom-free test to help keep you and those around you safe.

1 in 3 cases of Coronavirus have no symptoms but for some catching Coronavirus can have serious consequences. You could be spreading the virus to those you care about without knowing it.

To help stop the spread we are asking for you and your family to get a test. We are setting up a testing site at **Bishopthorpe Sports and Social Club, 12 Main St, Bishopthorpe, York YO23 2RB** to make it as easy as possible for you to get a test. This site will be open from Monday 4 January for one week.

### **How it works**

Turn up to the testing centre at a time that is convenient for you, we'll be there every day from Monday 4 January to Monday 11 January and are open between the hours of 9 am and 3 pm each day. Testing can be undertaken on anyone aged 5 and over.

If you have symptoms of Coronavirus please do not attend this site, instead, book a test through [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) or by calling 119.

### **Getting your results**

You should get your results within 24-48 hours of your test.

If you receive a **negative** test result you can continue as you were.

Remember:

- a negative test result provides information about the level of the virus at one point in time
- it's possible to become infected in the hours or days after taking a rapid test - so you must continue to follow government guidance on social distancing, good hand hygiene, and practice '**Hands, Face, Space**'
- this type of testing will only be effective if people continue to follow the guidance

### **Positive test results**

If you receive a **positive** test result you must self-isolate for 10 days.

By working together and looking after each other we can get through this. We are incredibly grateful for all you have done this year to help stop the spread of Coronavirus.

Thank you for your continued support.

Stay safe and best wishes

**Sharon Stoltz**  
**Director of Public Health**